# EARLY HEART ATTACK CARE (EHAC) Did you know?

EHAC.ACC.org

Nausea or vomiting

Chest pressure, squeezing, aching, or burning

Pain that travels down one or both arms



Shortness of breath

RECOGNIZE and RESPOND Sudden dizziness

Discomfort in back, neck, shoulder, or jaw

Excessive fatigue or weakness

Cold sweat

**Anxiety** 



# **Learn Early Heart Attack Care**

EHAC education teaches you to recognize the early signs and symptoms of a heart attack. Become an active bystander so you can save a life - even if it's yours.



### Save a Life

- If someone collapses, call 9-1-1!
- Perform Hands-Only CPR.
- Find and deploy an AED (Automated External Defibrillator).



### **Prevent a Heart Attack**

- Learn the risk factors.
- Understand the difference between men and women.



### **Discover your Accredited Hospital/Facility**

Your hospital has adopted the life-saving processes to deliver the highest level of cardiovascular care to your community.



Could You Save A Life? Scan the Code.

Take the free course & earn your certificate!



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