

# EARLY HEART ATTACK CARE (EHAC)

Did you know?

**EHAC.ACC.org**

**DONT DELAY  
CALL 911**

if you think  
you are having  
a heart attack.



## RECOGNIZE and RESPOND

Nausea or  
vomiting

Chest  
pressure,  
squeezing,  
aching, or  
burning

Pain  
that travels  
down one or  
both arms

Sudden  
dizziness

Excessive  
fatigue or  
weakness

Anxiety

Cold sweat

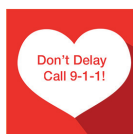
Discomfort  
in back, neck,  
shoulder,  
or jaw

Shortness  
of breath



### Learn Early Heart Attack Care

EHAC education teaches you to recognize the early signs and symptoms of a heart attack. Become an active bystander so you can save a life - even if it's yours.



### Save a Life

- If someone collapses, call 9-1-1!
- Perform Hands-Only CPR.
- Find and deploy an AED (Automated External Defibrillator).



### Prevent a Heart Attack

- Learn the risk factors.
- Understand the difference between men and women.



### Discover your Accredited Hospital/Facility

Your hospital has adopted the life-saving processes to deliver the highest level of cardiovascular care to your community.



**Could You Save A Life?**  
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